



Poppleton Ousebank PRIMARY SCHOOL



Newsletter - Friday 22nd May 2026

'Capturing the imagination of young minds'

A message from Miss Collier

POPS Got Talent

We've ended the term with a bang with an amazing Talent Show this afternoon. Thank you to the School Council for their amazing hosting skills and to all the children who took part.

Safety

Please can I ask that your child walks safely through the school grounds at the start and end of the school day. We have been concerned by many children biking or skating through school and climbing on equipment without any supervision. Please can we remind you of the following expectations:

- children must walk throughout the site with an adult and remain supervised at all times.
- anyone on a bike or scooter dismount before they enter school site
- anyone coming to school on skates please can these be taken off before coming onto the school grounds
- children are not allowed to play on the playground equipment outside KS1 and on the field before or after school

Smartphone free School

Could we kindly ask parents to refrain from using their mobile phone on school site. This helps maintain a safe environment for all children. We really appreciate your understanding and support.

Mr Strange

We say farewell to Mr Strange today. Wishing you the very best in your next chapter. Your support, care, and dedication have made such a difference to both staff and pupils. You'll be greatly missed, good luck with everything ahead!

POPfest - Friday 3rd July - during the school day

If you are new to school you may have heard of Popfest. This occurs every year and includes performances throughout the day. Each group performs a 20 minute concert for families, including singing, dancing and poetry. Children are invited to wear non-uniform and dress up in festival fashion. Weather permitting, all performances will be held outside from the stage in the lower school playground. Parents, please enter and leave the building through the main gate at the front of school. There will be a staff member on the gate to welcome you in. The times of the concerts are below:

9:00 - 9:20am Y2	9:30 - 9:50am Y1	10:00 - 10:20am Reception	10:30 - 10:50am Nursery
1:00-1:20pm Y3	1:30-1:50pm Y4	2:00-2:20pm Y5	2:30-3:00pm Y6

Friends Summer Fair - Friday 3rd July 3:15 -5:30pm

There will be games, stalls, food and much more at the summer fair which will be held straight after school. Please look out for further details in the Friends newsletter and please support this event in whatever way you can as we rely on volunteers and donations to make it a success.

Water bottles, sun cream and sun hats - In warm weather it is extremely important that children bring their own, named, water bottle to school every day. May we also remind you to ensure that all children have applied all day sun protection and to send in a sun hat during this term, as there is very little shade available in the playground.

Healthy Eating - We encourage children to eat healthily. School meals are a great choice for your child, but if you choose to make a packed lunch for them instead, please select healthy options. No sweets or fizzy drinks in school.



Early Help Support for Families

Early help is all about providing the right support to children and families at the earliest possible time and is a way of describing the extra support a family can receive if they need it. Every family has its ups and downs. There are lots of different reasons why you might need a bit of extra support and it's OK to ask for help.

When considering what support you need, it's helpful to consider what different options are available:

1. Support from universal services (for example, your child's school, GP, health visitor or midwife).
2. Support from specialist and community services (for example, mental health services, support for special educational needs, financial support, housing support and domestic abuse support). For information about what specialist and community services are available, contact the Family Information Service by telephone: 01904 554444 or email: fis@york.gov.uk.
3. Having a family early help assessment and support plan.

Early Help Assessment

To help explore what you and your family would like support with, you might want to consider an Early Help Assessment (EHA).

An EHA can help to:

- recognise what is going well for you and your family
- explore what you may need help with
- coordinate the workers/services already supporting you
- help identify other services that can help

The EHA gives you a chance to tell your story

A worker you trust will talk with you to find out about your family and any difficulties you are facing. Ideally, this will be somebody already supporting you or your children. They will talk with you about what is going well and any strengths you can build upon.

With your permission, they will contact other services working with you to ask what support they are offering and how they think you could be helped further. All this information will be brought together in a single document, called an Early Help Assessment, for you to reflect on with your lead practitioner.

To find out more, talk to a worker or service which you or your family are accessing. This could be a worker in your child's school, nursery, a health professional, health visitor or midwife, for example. Let them know you think an EHA might be helpful for you and your family. The worker might be the person who could be lead practitioner, or they might help you find an appropriate lead practitioner.

If you would like to read more about Early Help Assessments then please click on the link below

<https://www.raiseyork.co.uk/families/early-help-support-families>



City of York
Safeguarding Children Partnership

If there are significant and immediate concerns about the safety of a child, you should contact the police on 999.

If you believe the situation is urgent but does not require the police, please call **01904 551900** to contact York MASH to discuss your concerns. Should you need to call outside office hours, at weekends and on public holidays contact the **emergency duty team telephone: 0300 131 2 131**. <https://www.saferchildrenyork.org.uk/>

SEND

This next half term is always a busy one as children and staff start to prepare for transition to new year groups or new schools. This can be a worrying time for children with SEN and their parents. In school, we offer an enhanced transition package for children, increasing exposure to new areas, new teachers and provide transition materials to support them with this change. We also support our Year 6 leavers with enhanced transition and regular communication with their chosen secondary schools. Any queries or questions related to SEND can always be sent to

senco@pop.hlt.academy.

Autism Support for Parents

Support for parents and carers from the Specialist Teaching Team for Autism

In-person drop-in support.

No need to book, just come along and meet a Specialist teacher and Specialist TA from the Autism Team. Meet other parents to discuss general issues and concerns, find information and look at useful resources. These sessions take place during term time on Wednesdays between 1.30 and 2.30pm at the YIKS All About Autism Hub, at SEND Central.

Upcoming session: Wednesday 3rd June

Morning phone line sessions

To book one of the 20 minute phone call sessions, email:

parentcarerautismsupport@york.gov.uk with your name and a contact telephone number.

Sessions are fortnightly on Wednesdays during term time, between 9am and 12 noon.

Bookings close the Thursday before the session.

Upcoming session: Wednesday 10th June

Time Out for Parents: Children with Additional Needs FREE Family Support Course



Parenting children with additional needs can bring unexpected joys, but also unexpected challenges.

Join us for 5 sessions to find out more about your child's emotional needs, the importance of self-esteem and strategies to manage tricky behaviour and emotions. Share with others and find you're not alone!

BOOK NOW ➡

www.fmy.org.uk

jenwootten@fmy.org.uk

Begins Wednesday 3rd June 2026

9.30am cuppa, 10 am -12 noon session

Thorp Arch Church, Church Causeway, Thorp Arch, Wetherby, LS23 7AH



*Chat & share * Bite-sized tips & strategies * Know that you are not alone!

TIME OUT FOR PARENTS! Parenting Children with ADHD

6 FREE support sessions

Starting Thursday 4th June

@ Hob Moor Children's Centre, Green Lane, Acomb, York YO24 4RF

9.45 - 11.45am

Free childcare available



For more info email:
jenwootten@fmy.org.uk

BOOK NOW ➡
Course code SP1

A 6 week course to help you support your child's needs and understand more about....

- how the ADHD brain works
- sensory processing difficulties
- managing ADHD behaviours
- boosting your child's self esteem



FAMILY MATTERS YORK

Working in Partnership



Wellbeing



5 Ways to Wellbeing

The sun is now up earlier, and we are starting to have some sunny days; You might have more opportunities to get outdoors and do something to promote your wellbeing this half term. You could go for a walk, ride your bike, or go play in the park. Being active is good for our minds as well as our bodies. Taking time to slow down and notice what's around us can also help to calm our busy minds. When outside take the time to look at the clouds, listen to different nature sounds or collect some leaves, petals, twigs and stones and take the time to appreciate the colours and textures. Simple activities can make a big difference to how you are feeling.



What have the Wellbeing in Mind Team been doing?

Over the past term we have been busy in Poppleton Ousebank! We have been working with Year 5's on "We Eat Elephants" which isn't as it sounds – it's all about how we solve a problem like we would eat an elephant, one bit at a time.

With Year 4's we have been looking at growth mindset and resilience, thinking about how we can look at things from a different perspective, to help us with our wellbeing by thinking more positively.

We have had our Occupational Therapist Rachel, deliver training to the staff on sensory differences. This included looking at how we can make sure our sensory cups are full to the right amount. We are excited for our parent coffee morning on this topic too.

Our other coffee morning this month was on the Year 6 SATs and how to make sure your child felt ready for their first exams. Next half term we will be holding a coffee morning on Tuesday 30th June around transitions.

If you have any concerns about your child's wellbeing or mental health, please do talk to their teacher about it, who can then come and meet with us about the support we might be able to offer.

Helping Children Transition to a New School or Class

Transitioning to a new school or class is a significant milestone in a child's life. This time can be filled with a mixture of excitement and anxiety.

Common Feelings During Transition

Excitement: Anticipating new experiences and opportunities.

Nervousness: Feeling unsure about the new environment and expectations.

Curiosity: Eager to learn about the new school, teachers, and friends.

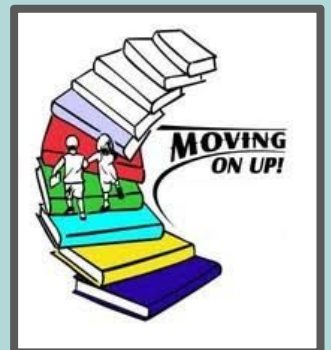
Overwhelm: Adapting to many changes at once can be daunting.

Anxiety: Worrying about fitting in, making friends, or academic performance.

Confidence: Feeling ready and capable of handling the new challenges.

Sadness: Missing old friends and familiar surroundings.

Insecurity: Doubting their abilities to succeed in the new environment.



Transitioning to a new school or class is a significant event in a child's life, filled with both challenges and opportunities. By providing support, understanding, and practical strategies, parents and teachers can help children navigate this change with confidence and resilience. Remember, every child is unique, and their response to transition will vary.

Patience, empathy, and proactive communication are key to ensuring a positive experience for all.

EVERY DAY COUNTS

Success at school starts with **good attendance**

190 DAYS at school each year ▼ Maximum attendance WELL DONE!	180 DAYS at school each year ▼ 10 DAYS of missed learning	171 DAYS at school each year ▼ 19 DAYS of missed learning	161 DAYS at school each year ▼ 29 DAYS of missed learning	152 DAYS at school each year ▼ 38 DAYS of missed learning	143 DAYS at school each year ▼ 47 DAYS of missed learning
100% attendance	95% attendance	90% attendance	85% attendance	80% attendance	75% attendance

There are **175 non-school** days a year.

That's 175 days for wellbeing, socialising
and non-urgent appointments.

Safeguarding Team

If you have any concerns about a child or adult's safety, welfare or general wellbeing, please ensure that you speak with a member of our safeguarding team straight away.



Miss Collier
Principal & Designated
Safeguarding Lead
Adult Mental Health Trained

l.collier@pop.hlt.academy



Mr Smith
Vice Principal &
Deputy DSL

r.smith@pop.hlt.academy



Mrs Richards
SENDCO, Deputy DSL &
Senior Mental Health Lead

senco@pop.hlt.academy



Miss Comb
Designated Safeguarding
Officer

hello@pop.hlt.academy



Mr Card
Designated Governor for
Safeguarding

hello@pop.hlt.academy



Mr Darvill
Health & Safety and
Site Mangement

r.darvill@pop.hlt.academy

If you have a concern that a child is vulnerable or at risk of significant harm please contact the Multi-Agency Safeguarding Hub in York.

Phone: 01904 551900 | Email: MASH@york.gov.uk

Outside office hours, at weekends and on public holidays contact the emergency duty team on 01609 780780.

Summer Term

w/c 25th May Half Term		
Monday 1st June	Pride, celebrating difference	Wear colourful, rainbow clothing
Thursday 4th June	Y6 Magistrates visit	POPS pm
w/c 8th June	Y1 Phonic Screening check	Y4 Multiplication check
Wednesday 10th June	Nursery sports morning	10:30- 11:00am, Picnic lunch with parents
Friday 12th June	Sports Day	R/KS1 9:15am KS2 2:00pm School field
w/c 15th June	Y6 Bikeability	
Monday 15th- 16th June	Y4 Residential	Malham Cove
Tuesday 16th June	Welcome to Early Years	4:00-5:00pm
Friday 19th June	Non uniform day	Donation for the summer fair
Wednesday 24th June	Reception Big sheep Little cow trip	
Wednesday 24th -26th	Y6 Residential	Robin Wood
Friday 26th June	Staffing for next year/Classes go out	
Weds 1st Thurs 2nd July	Whole School Transition	9:00-11:45am
Friday 3th July	Popfest / Summer fair	All day / 3:15-5:30 pm
Tuesday 7th July	Y6 Production	2:00 pm 5:00pm
Thursday 9th July	Y6 Production	5:00pm
Friday 10th July	Y3 Chocolate Story visit	
Friday 10th July	Reports go out	
Tuesday 14th July	Y6 Crucial Crew	
Wednesday 15th July	Y5 Yorkshire Show visit	
Thursday 16th July	Y6 Colour Run	2:00pm
Friday 17th July	Y6 Leavers' assembly	2:30pm Hall
Friday 17th July	Last day of term	
Monday 20th - School closed Training day		

Other important dates for your diary

Training days

Monday 1st September
Friday 24th October
Friday 19th December
Monday 5th January
Monday 20th July

Class sharing assemblies

Friday 27th February Y6 Nile
Friday 6th March Y6 Niagara
Friday 13th March Y5 Mekong
Friday 20th March Y5 Mississippi
Friday 27th March Y4 Danube
Friday 17th April Y4 Douro
Friday 24th April Y3 Rhone
Friday 1st May Y3 Rhine
Friday 8th May Y2 Avon
Friday 15th May Y2 Aire
Friday 22nd May Y1 Tyne
Friday 5th June Y1 Thames
Friday 19th June R Foss & Ouse Graduation